


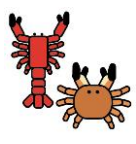
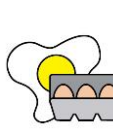
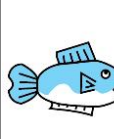
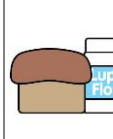


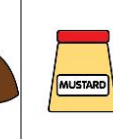



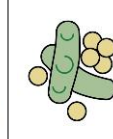



STARTER DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	Check Daily	✓ *					✓ *							Check Daily
BACON AND CHEESE POTATO SKINS							✓							
VEGETARIAN POTATO SKINS							✓							
SMOKED SALMON PARCEL		✓ *	✓	✓	✓		✓ *						✓	
CALAMARI	✓	✓	✓	✓	✓		✓		✓				✓	
SCALLOPS AND PRAWNS		✓	✓	✓	✓		✓	✓						✓
CHICKEN LIVER PARFAIT		✓ *												✓
GOATS CHEESE TART/PANIER	✓	✓		✓			✓		✓	✓			✓	
CHICKEN SATAY	✓	✓					✓ *		✓	✓	✓	✓	✓	




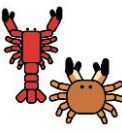
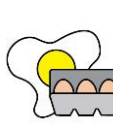
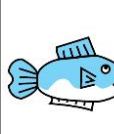
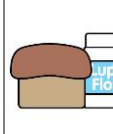


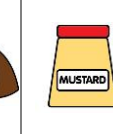

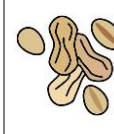

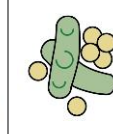

* Alternative can be Supplied, Please Ask Waiter/Waitress

STARTER DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
PRAWN COCKTAIL	✓	✓ *	✓	✓	✓		✓ *		✓ *			✓ *	✓ *	✓

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MAINS DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAST OF CHICKEN	✓						✓		✓					✓
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓							✓
SRI LANKAN CHICKEN CURRY	✓	✓*					✓*		✓	✓	✓	✓	✓	
RUMP OF ENGLISH LAMB	✓	✓					✓						✓	✓
CATCH OF THE DAY		✓*		✓*	✓		✓*		✓*					✓
SALMON TERIAKI		✓			✓							✓	✓	✓
STEAK AND KIDNEY PUDDING	✓	✓		✓			✓		✓			✓	✓	✓

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MAINS DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
FILLET OF SEABASS AND PRAWNS	✓		✓*		✓		✓							✓
CALVES LIVER AND BACON	✓	✓*					✓						✓	✓
BEEF BURGER	✓*	✓*		✓			✓		✓	✓*		✓*	✓*	✓*
CHICKEN BURGER	✓*	✓		✓			✓		✓	✓*		✓*	✓*	✓*
CHEESE TOPPING							✓							
BACON TOPPING														
MUSHROOM TOPPING							✓*							
ONION TOPPING							✓*							
MUSHROOM & CRANBERRY WELLINGTON	✓	✓		✓			✓			✓	✓	✓		


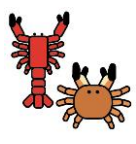

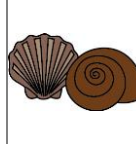
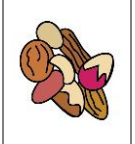
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MAINS DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CAESAR SALAD		✓		✓			✓		✓	✓*		✓*	✓*	
CAESAR SALAD WITH CHICKEN		✓		✓			✓		✓	✓*		✓*	✓*	
CAESAR SALAD WITH POACHED EGG		✓		✓			✓		✓	✓*		✓*	✓*	✓
CHICKEN PIRI-PIRI STIR FRY	✓	✓*		✓*			✓*			✓*		✓*	✓*	
JACK FRUIT BURGER		✓							✓	✓	✓	✓		
BEEF STROGANOFF	✓	✓*		✓*			✓		✓	✓*		✓*	✓	✓
VEGETARIAN STROGANOFF	✓	✓		✓*			✓		✓	✓*		✓*	✓	✓
VEGETARIAN PIRI-PIRI STIR FRY		✓*		✓*			✓*			✓*		✓*	✓*	
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*




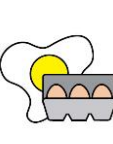
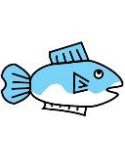
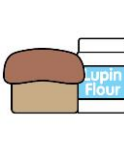

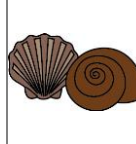




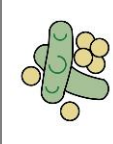

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DESSERT DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA AND CLOTTED CREAM CHEESECAKE		✓		✓			✓			✓	✓	✓	✓	✓
STICKY TOFFEE PUDDING		✓		✓			✓							
APPLE STRUDEL		✓					✓							✓
CRÈME BRULÉE		✓ *		✓			✓							
SWEET PANCAKE		✓		✓			✓							
CHOCOLATE BROWNIE		✓		✓			✓							
BREAD AND BUTTER PUDDING		✓		✓			✓							
MERINGUE WITH RED BERRIES				✓			✓							
VANILLA ICE CREAM		✓ *					✓							

* Alternative can be supplied, Please Ask Waiter/Waitress

DESSERT DISHES AND THEIR ALLERGEN CONTENT - THE GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STRAWBERRY SENSATION		✓ *					✓							✓
DOUBLE CHOC CHIP ICE CREAM		✓ *					✓						✓	
SEA-SALTED CARAMEL ICE CREAM		✓ *					✓							
RASPBERRY SORBET		✓ *					✓ *							
MEDITERRANEAN LEMON SORBET		✓ *					✓ *							
PASSIONFRUIT		✓ *					✓ *							
TRIO OR ARTISAN CHEESES	✓	✓ *		✓ *		✓ *	✓			✓ *		✓ *	✓ *	✓

* Alternative can be supplied, Please Ask Waiter/Waitress

