

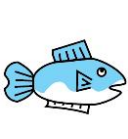
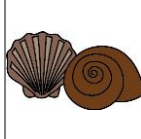



If you have a serious allergy or food intolerance, please contact us prior to booking by emailing or calling the restaurant direct.

We have comprehensive allergen menus which are reviewed regularly and are available in hard copy to view when dining. Our kitchens and suppliers operate in busy conditions and deal with a wide range of ingredients at high volume and therefore we cannot eliminate the possible presence of allergen traces in our dishes.

Please advise a member of our staff of any special dietary requirements at the time of ordering.




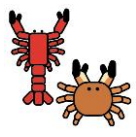
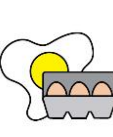
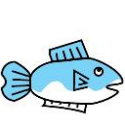
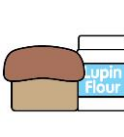

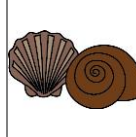




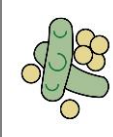

BAR SNACKS AND SHARERS MENU AND THEIR ALLERGEN CONTENT - GRUMPY MOLE JULY 2026 - PLEASE BE ADVISED DUE TO SUPPLY ISSUES, PRODUCTS AND ALLERGEN CONTENT MAY CHANGE. ALWAYS LET A MEMBER OF STAFF KNOW OF ANY INTOLERANCE OR ALLERGY BEFORE ORDERING.

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN QUESADILLAS		✓					✓							✓
SPICY CAULIFLOWER BITES	✓	✓							✓ MCT				✓ MCT	
WHITEBAIT				✓	✓				✓					
JALAPENO POPPERS		✓					✓		✓ MCT				✓ MCT	
STICKY PIGS IN BLANKETS		✓					✓		✓ MCT				✓	✓
FIG AND GOATS CHEESE CROSTINI'S		✓		✓ MCT			✓					✓ MCT		✓
BUFFALO CHICKEN WINGS, BLUE CHEESE DIP AND BBQ	✓	✓			✓		✓		✓					
NAAN BREAD, CHUTNEY, VEGAN FETA		✓												

* Alternative can be supplied, please ask your waiter/waitress
MCT = May Contain Traces

BAR SNACKS AND SHARERS MENU **GLUTEN FREE** AND THEIR ALLERGEN CONTENT - GRUMPY MOLE JULY

2026

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
WHITEBAIT				✓	✓				✓					
FIG AND GOATS CHEESE ON GF TOAST				✓			✓							✓
BUFFALO CHICKEN WINGS WITH BBQ SAUCE	✓				✓				✓					
STICKY PIGS IN BLANKETS							✓							✓

* Alternative can be Supplied, please ask your waiter/waitress
MCT = May Contain Traces