


# STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓ *		✓ *			✓ *			✓ *		✓ *	✓ *	✓
BACON AND CHEESE POTATO SKINS							✓		✓ *					
VEGETARIAN POTATO SKINS							✓		✓ *					
SMOKED SALMON PARCEL		✓	✓	✓	✓		✓ *		✓	✓ *		✓ *	✓	✓
CALAMARI	✓	✓		✓			✓	✓	✓				✓	
SCALLOPS AND PRAWNS		✓	✓	✓			✓	✓						✓
CHICKEN LIVER PATE	✓	✓ *	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
PARMA HAM		✓ *		✓ *			✓			✓ *		✓ *	✓ *	
GOATS CHEESE TART	✓	✓		✓			✓		✓	✓				✓
CHICKEN SATAY	✓	✓					✓			✓	✓	✓	✓	

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
PRAWN COCKTAIL	✓	✓ *	✓	✓	✓		✓ *		✓ *	✓ *		✓ *	✓ *	✓
PEKING DUCK SPRING ROLLS	✓ *	✓							✓ *			✓	✓	
MOULES MARINIÈRES		✓ *		✓ *			✓	✓		✓ *		✓ *	✓ *	✓

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAST OF CHICKEN	✓						✓							✓
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓							✓
FILLET OF HAKE		✓ *	✓		✓		✓	✓						✓
SRI LANKAN CHICKEN CURRY	✓	✓					✓		✓	✓	✓	✓	✓	✓
RUMP OF ENGLISH LAMB	✓	✓					✓						✓	✓
CATCH OF THE DAY		✓ *		✓ *	✓		✓ *		✓ *					✓ *
BANGERS N MASH	✓	✓					✓ *						✓	✓
SALMON TERIAKI		✓			✓							✓	✓	✓
STEAK AND KIDNEY PUDDING	✓	✓		✓			✓		✓			✓	✓	✓

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
FILLET OF SEABASS AND PRAWNS	✓		✓*		✓		✓							✓
CALVES LIVER AND BACON	✓	✓					✓						✓	✓
BREAST OF DUCK	✓	✓					✓						✓	✓
BEEF BURGER		✓*		✓			✓		✓	✓*		✓*	✓*	✓
CHICKEN BURGER	✓ *	✓		✓			✓		✓	✓*		✓ *	✓*	✓
CHEESE TOPPING							✓							
BACON TOPPING														
MUSHROOM TOPPING														
ONION TOPPING														
MUSHROOM & CRANBERRY WELLINGTON	✓	✓		✓			✓			✓	✓	✓		

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress




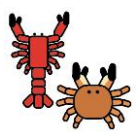
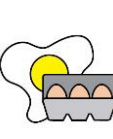

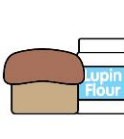

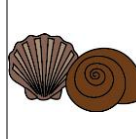






# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CAESAR SALAD		✓		✓	✓		✓		✓	✓*		✓*	✓*	
CAESAR SALAD WITH CHICKEN		✓		✓	✓		✓		✓	✓*		✓*	✓*	
CAESAR SALAD WITH PRAWNS		✓	✓	✓	✓		✓		✓	✓*		✓*	✓*	✓*
CAESAR SALAD WITH POACHED EGG		✓		✓	✓		✓		✓	✓*		✓*	✓*	✓
CHICKEN PIRI-PIRI STIR FRY	✓	✓*		✓*			✓*			✓*		✓*	✓*	
TENDERLOIN OF PORK	✓	✓					✓*		✓				✓	✓
BEEF STROGANOFF	✓	✓		✓*			✓		✓	✓*		✓	✓	✓
VEGETARIAN STROGANOFF	✓	✓		✓*			✓		✓	✓*		✓	✓	✓
VEGETARIAN PIRI-PIRI STIR FRY		✓*		✓*			✓			✓*		✓*	✓*	
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress



# DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA AND CLOTTED CREAM CHEESECAKE		✓		✓			✓			✓	✓	✓	✓	✓
LEMON MERINGUE PIE		✓		✓			✓			✓	✓		✓	
STICKY TOFFEE PUDDING		✓		✓			✓							
APPLE STRUDEL		✓		✓			✓							✓
CRÈME BRULÉE		✓ *		✓			✓							
SWEET PANCAKE		✓		✓			✓							
CHOCOLATE BROWNIE		✓		✓			✓			✓*	✓*		✓*	
BREAD AND BUTTER PUDDING		✓		✓			✓							✓
MERINGUE WITH RED BERRIES				✓			✓							
VANILLA ICE CREAM		✓*					✓							

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE TADWORTH

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STRAWBERRY & CHAMPAGNE ICE CREAM		✓ *					✓							✓
CHOCOLATE ICE CREAM		✓ *					✓						✓	
SALTED CARAMEL ICE CREAM		✓ *					✓							
RASPBERRY SORBET		✓ *					✓ *							
LEMON SORBET		✓ *					✓ *							
MANGO SORBET		✓ *					✓ *							
TRIO OR ARTISAN CHEESES	✓	✓ *		✓ *		✓ *	✓			✓ *		✓ *	✓ *	✓

Review date: 09/10/2018 Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress