

# AL FRESCO SNACKS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>SANDWICHES AND BAGUETTES</b>														
BEEF AND HORSERADISH		✓ *		✓			✓		✓					✓
HAM AND CHUTNEY	✓	✓ *		✓	✓		✓		✓				✓	✓
SAUSAGE AND FRIED ONIONS		✓					✓		✓					✓
CHIICKEN, BACON AND MAYO		✓ *		✓			✓		✓					
PRAWN MARIE ROSE		✓ *	✓	✓			✓		✓				✓	✓
SMOKED SALMON AND CREAM CHEESE		✓ *			✓		✓							
SEAFOOD WITH MAYO		✓	✓	✓	✓		✓		✓				✓	
BRIE, CRANBERRY AND ROCKET		✓ *					✓		✓					

Review date: 03/04/2017 Reviewed by: Grant Smith and Mike Revis

\* Gluten contents due to Bread, Alternative can be Supplied



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<b>BREAD</b>														
WHITE BREAD		✓												
BROWN BREAD		✓												
BAGUETTE		✓												
<b>TORTILLA WRAPS</b>														
CAJUN CHICKEN, BACON, AVOCADO AND MAYO	✓	✓		✓			✓		✓				✓	✓
PEKING DUCK AND PLUM SAUCE		✓					✓		✓			✓	✓	
SEAFOOD WITH MAYO		✓	✓	✓			✓		✓					

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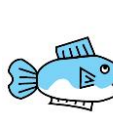


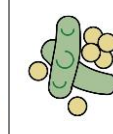

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<b>HOT PANINI</b>														
HAM, MELTED CHEESE AND RED ONION		✓					✓		✓					
BRIE AND BACON		✓					✓		✓					
CAJUN CHICKEN AND CHEDDER CHEESE	✓	✓		✓			✓		✓				✓	✓
MOZZARELLA, SUNBLUSHED TOMATOES AND PESTO		✓					✓		✓					

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# AL FRESCO STARTERS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
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SOUP	✓	✓ *					✓							✓
DUCK LIVER PATE		✓ *												
PRAWN COCKTAIL		✓ *	✓	✓	✓				✓					✓
BACON AND CHEESE POTATO SKINS							✓		✓*					
VEGETARIAN POTATO SKINS							✓		✓*					
SATAY CHICKEN KEBABS	✓										✓	✓	✓	
SMOKED SALMON PARCEL		✓	✓		✓				✓					

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# AL FRESCO CLASSIC DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STEAK AND KIDNEY PUDDING	✓	✓					✓						✓	✓
WHOLETAIL SCAMPI		✓	✓	✓					✓					✓
BEEF BURGER		✓		✓			✓		✓					✓
CHICKEN BURGER		✓					✓		✓					
CHEESE TOPPING		✓					✓		✓					
BACON TOPPING		✓					✓		✓					
MUSHROOM TOPPING		✓					✓		✓					
ONION TOPPING		✓					✓		✓					
BANGERS N MASH	✓	✓					✓						✓	✓
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓

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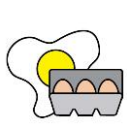
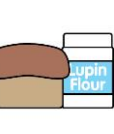

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GOAN CHICKEN CURRY							✓		✓					
HAM, EGG AND CHIPS				✓										
QUINOA SALAD									✓					✓
QUINOA SALAD WITH CHICKEN									✓					✓
QUINOA SALAD WITH PRAWNS			✓						✓					✓
QUINOA SALAD WITH POACHED EGG									✓					✓
CHEESE PLOUGHMANS		✓ *		✓			✓		✓					✓
ROAST HAM PLOUGHMANS		✓ *					✓		✓				✓	✓
BEEF PLOUGHMANS		✓ *		✓			✓		✓					

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# AL FRESCO DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTED

														
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BREAD AND BUTTER PUDDING		✓		✓			✓							
MERINGUE WITH RED BERRIES				✓			✓							
VANILLA AND CLOTTED CREAM CHEESECAKE		✓					✓							
APPLE TART TATIN		✓					✓							
DOUBLE CHOCOLATE BROWNIE		✓		✓			✓			✓	✓			
VANILLA ICE CREAM		✓*					✓							
STRAWBERRY ICE CREAM		✓ *					✓							✓
CHOCOLATE ICE CREAM		✓ *					✓						✓	
SALTED CARAMEL ICE CREAM		✓ *					✓							
RASPBERRY SORBET		✓ *					✓							
LEMON SORBET		✓ *					✓ *							
MANGO SORBET		✓ *					✓ *							
CHEF'S SELECTION OF CHEESES		✓ *					✓ *							✓

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