


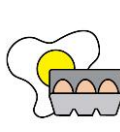

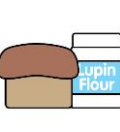

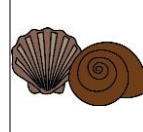




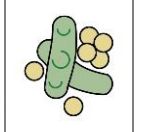



# STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd





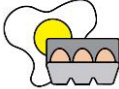
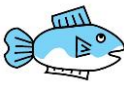
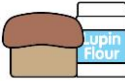








														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓ *					✓							✓
PRAWN COCKTAIL		✓ *	✓	✓	✓				✓					✓
BACON AND CHEESE POTATO SKINS							✓		✓*					
VEGAN POTATO SKINS		✓ *												
VEGAN HOUMOUS		✓ *												
VEGETARIAN POTATO SKINS							✓		✓*					
SMOKED SALMON PARCEL		✓ *	✓		✓				✓					

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be Supplied, Please Ask Waiter/Waitress

# STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd





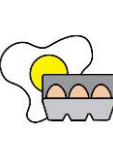
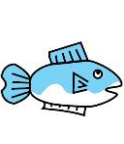
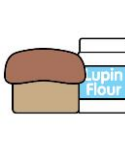

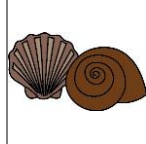






														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SATAY CHICKEN KEBABS	✓										✓	✓	✓	
SCALLOPS		✓						✓						
DUCK LIVER PATE	✓	✓ *	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
CALAMARI	✓	✓		✓			✓	✓					✓	
GOATS CHEESE TART		✓		✓			✓							
PARMA HAM		✓ *					✓							
MOULES MARINIÈRES		✓ *					✓	✓						✓

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be Supplied, Please Ask Waiter/Waitress

# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SUPREME CHICKEN	✓						✓							✓
FILLET of SALMON	✓				✓		✓*							
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓									✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓		✓					✓
GOAN CHICKEN CURRY							✓							
CATCH OF THE DAY		✓	✓	✓	✓				✓					✓
BANGERS N MASH	✓	✓					✓						✓	✓
STEAK AND KIDNEY PUDDING	✓	✓					✓						✓	✓

Review date: 22/02/18

Reviewed by: Gary Lloyd

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# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓
RUMP OF LAMB	✓						✓							✓
CALVES LIVER AND BACON	✓	✓					✓							✓
QUINOA SALAD									✓					
QUINOA SALAD WITH CHICKEN									✓					
QUINOA SALAD WITH PRAWNS			✓						✓					
QUINOA SALAD WITH POACHED EGG									✓					
MUSHROOM, BRIE, HAZELNUT WELLINGTON	✓	✓		✓			✓			✓				
CHICKEN PIRI-PIRI STIR FRY		✓ *					✓*							
VEGETARIAN PIRI-PIRI STIR FRY		✓ *					✓							

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd





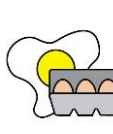
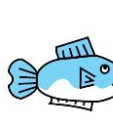
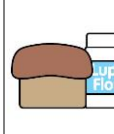


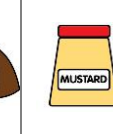



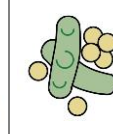

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAST OF DUCK	✓						✓							✓
BEEF BURGER		✓		✓			✓		✓					✓
CHICKEN BURGER		✓					✓		✓					
CHEESE TOPPING							✓							
PENNE PASTA	✓	✓												
QUORN TERIAKI		✓											✓	✓
VEGAN CURRY	✓													
BEEF BOURGINON	✓						✓							✓
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be Supplied, Please Ask Waiter/Waitress

# DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd



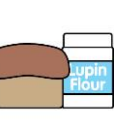

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA AND CLOTTED CREAM CHEESECAKE		✓					✓							
STICKY TOFFEE PUDDING		✓		✓			✓							
CRÈME BRULÉE		✓ *		✓			✓							
DOUBLE CHOCOLATE BROWNIE		✓		✓			✓			✓	✓			
SWEET PANCAKE		✓		✓			✓							
BREAD AND BUTTER PUDDING		✓		✓			✓							
MERINGUE WITH RED BERRIES				✓			✓							
APPLECRUMBLE		✓					✓							

Review date: 19/10/17

Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTEd

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA ICE CREAM		✓*					✓							
STRAWBERRY ICE CREAM		✓*					✓							✓
CHOCOLATE ICE CREAM		✓*					✓						✓	
SALTED CARAMEL ICE CREAM		✓*					✓							
RASPBERRY SORBET		✓*					✓							
LEMON SORBET		✓*					✓*							
MANGO SORBET		✓*					✓*							
CHEF'S SELECTION OF CHEESES	✓					✓*	✓*							✓
FRUIT SALAD														

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be supplied, Please Ask Waiter/Waitress

# SUNDAY ROASTS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE OXTED

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
TURKEY	✓	✓ *		✓ *			✓ *							✓
CHICKEN	✓	✓ *		✓ *			✓ *							✓
LAMB	✓	✓ *		✓ *			✓ *							✓
BEEF	✓	✓ *		✓ *			✓ *		✓					✓
NUT ROAST		✓					✓			✓			✓	

Review date: 22/02/18

Reviewed by: Gary Lloyd

\* Alternative can be Supplied, Please Ask Waiter/Waitress