



If you have a serious allergy or food intolerance, please contact us prior to booking by emailing or calling the restaurant direct.

We have comprehensive allergen menus which are reviewed regularly and are available in hard copy to view when dining. Our kitchens and suppliers operate in busy conditions and deal with a wide range of ingredients at high volume and therefore we cannot eliminate the possible presence of allergen traces in our dishes.

Please advise a member of our staff of any special dietary requirements at the time of ordering.

VEGAN MENU AND THEIR ALLERGEN CONTENT - GRUMPY MOLE

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
HUMMUS MEZZE		✓*										✓		
POTATO SKINS													✓	
SHEPHERDS PIE	✓	✓											✓	✓
TERIYAKI VEGETABLES		✓											✓	
VEGETABLE CURRY	✓	✓*							✓ _{MCT}	✓ _{MCT}	✓ _{MCT}	✓ _{MCT}	✓	
JACK FRUIT BURGER		✓*							✓*	✓* _{MCT}	✓* _{MCT}	✓* _{MCT}		
NUT ROAST	✓*	✓*							✓*	✓	✓	✓	✓	✓
BLACKBERRY & APPLE CRUMBLE														
CHOCOLATE TART													✓	
FRUITS OF THE FOREST														

* Alternative can be supplied upon request