

If you have a serious allergy or food intolerance, please contact us prior to booking by emailing or calling the restaurant direct.

We have comprehensive allergen menus which are reviewed regularly and are available in hard copy to view when dining. Our kitchens and suppliers operate in busy conditions and deal with a wide range of ingredients at high volume and therefore we cannot eliminate the possible presence of allergen traces in our dishes.

Please advise a member of our staff of any special dietary requirements at the time of ordering.

## AFTERNOON TEAS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE

THE SHAPE SH						upin Flour	Milk		MUSTARD			SSAME OIL		Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SMOKED SALMON AND CREAM CHEESE SANDWICH		<b>/</b> *			<b>√</b>		<b>√</b> *							
HAM, TOMATO, MUSTARD SANDWICH		<b>√</b> *					<b>√</b> *		<b>✓</b>					
CUCUMBER SANDWICH		<b>√</b> *					<b>√</b> *							
CORINATION CHICKEN SANDWICH	$\checkmark$	<b>√</b>					<b>√</b> *		<b>✓</b>					
EGG MAYONNAISE SANDWICH		<b>√</b> *		$\checkmark$			<b>√</b> *		<b>/</b> *					
PRAWN MARIE ROSE SANDWICH	$\checkmark$	<b>√</b> *	<b>✓</b>		<b>√</b>		<b>√</b> *		<b>/</b> *					<b>√</b>
SCONES		<b>√</b>		$\checkmark$			$\checkmark$							
TEA CAKE		<b>√</b>										$\checkmark$		
MINI CARROT CAKE		<b>√</b>		$\checkmark$			$\checkmark$			<b>√</b>				
MINI PATISSERIES		<b>√</b>		$\checkmark$			$\checkmark$			$\checkmark$			<b>✓</b>	
LEMON CHEESECAKE		<b>√</b>					$\checkmark$							

MINI CHOC CHIP MUFFIN	✓	<b>✓</b>	<b>✓</b>		<b>✓</b>
MINI BLACK FOREST GATEAU	<b>√</b>	<b>√</b>	<b>✓</b>		<b>✓</b>
SPICED ORANGE CHOCOLATE TIFFIN	✓	<b>✓</b>	<b>✓</b>	мст	<b>✓</b>
GLUTEN FREE SCONES		<b>✓</b>	<b>√</b>	мст	

\*Alternative can be supplied on request prior to booking MCT - May Contain Traces



## AFTERNOON TEAS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE VEGAN/GLUTEN FREE TEAS

6642 0-4H2						.upin Flour	Milk		MUSTARD			SSEAMO		WNE Seer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VEGAN / GLUTEN FREE SANDWICHES	SANDWICHES ARE SUBJECT TO REVIEW – PLEASE CONTACT THE RESTAURANT FOR ALLERGEN ADVICE													
VEGAN CARROT CAKE		<b>✓</b>		<b>√</b> MCT			<b>√</b> MCT			<b>√</b>				
SALTED CARAMEL BROWNIE GF & VEGAN		<20PPM								<b>√</b> MCT	<b>√</b> мст			
APPLE & ELD SLICE GLUTEN FREE		<b>✓</b>		<b>√</b>						<b>✓</b>				
GLUTEN FREE SCONES				<b>√</b>			<b>√</b>			<b>√</b> MCT				
VEGAN SCONES		<b>√</b>											<b>✓</b>	

<sup>\*</sup> Alternative can be Supplied upon request

