

CHRISTMAS DAY LUNCH MENU DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM


														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STARTERS														
SOUP	✓	✓*					✓							
PRAWN COCKTAIL		✓*	✓		✓		✓		✓					✓
CHICKEN LIVER PATE	✓	✓*	✓	✓	✓		✓		✓	✓		✓	✓	✓
FRESH SCALLOPS	✓						✓	✓						
GOATS CHEESE SPINACH TART		✓		✓			✓							

Review date: 21/11/17

Reviewed by: Gary Lloyd

* Gluten contents due to Bread, Alternative can be Supplied

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MAINS														
TURKEY	✓	✓*		✓			✓		✓					✓
HERB CRUSTED LAMB	✓	✓*					✓							✓
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓
ROAST BEEF		✓*		✓			✓		✓					✓
VEGETARIAN WELLINGTON	✓	✓		✓			✓			✓				

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DESSERTS														
CHRISTMAS PUDDING		✓		✓			✓							✓
CHOCKOLATE FONDANT	✓	✓	✓	✓	✓		✓		✓	✓		✓	✓	✓
SGUIDGY MERINGUE				✓			✓*							
APPLE STRUDLE		✓		✓			✓							✓
TRIO OR ARTISAN CHEESES		✓ *					✓							✓
LEMON SORBET														

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