

STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓ *		✓ *			✓*			✓ *		✓ *	✓ *	✓
CHICKEN LIVER PATE	✓	✓ *	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
SMOKED SALMON PARCEL		✓	✓	✓	✓		✓*		✓	✓ *		✓ *	✓	✓
THAI CHICKEN KEBABS	✓	✓					✓		✓	✓	✓	✓	✓	✓ *
CALAMARI	✓	✓		✓			✓	✓	✓				✓	
BACON AND CHEESE POTATO SKINS							✓		✓*					
VEGETARIAN POTATO SKINS							✓		✓*					
SCALLOPS PASTRY		✓	✓	✓			✓	✓						✓
PARMA HAM		✓ *		✓ *			✓*			✓ *		✓ *	✓ *	

Review date: 07/11/2018 Reviewed by: Gary Lloyd & Zoltan Boni

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GOATS CHEESE AND SPINACH TART	✓	✓		✓			✓		✓	✓				✓
PRAWN COCKTAIL	✓	✓ *	✓	✓	✓		✓*		✓ *	✓ *		✓ *	✓ *	✓
MOULES MARINIÈRES		✓ *		✓ *			✓	✓		✓ *		✓ *	✓ *	✓

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CHICKEN PIRI	✓	✓*		✓*			✓*			✓*		✓*	✓*	
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓*		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓							✓
GRUMPY MOLE PIE – TURKEY AND HAM	✓	✓*		✓			✓		✓					✓
WEST INDIAN CHICKEN CURRY	✓	✓*					✓		✓	✓	✓	✓	✓	✓
RUMP OF ENGLISH LAMB	✓	✓*					✓ *						✓	✓
CATCH OF THE DAY		✓ *		✓ *	✓				✓ *					✓ *
BANGERS N MASH	✓	✓					✓ *						✓	✓
FILLET OF SALMON	✓	✓			✓		✓*					✓*	✓	

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STEAK AND KIDNEY PUDDING	✓	✓		✓			✓		✓			✓	✓	✓
FILLET OF SEABASS AND PRAWNS	✓		✓ *		✓		✓							✓
CALVES LIVER AND BACON	✓	✓					✓						✓	✓
VENISON WELLINGTON	✓	✓		✓	✓		✓		✓	✓		✓	✓	✓
BEEF BURGER		✓ *		✓			✓		✓	✓ *		✓ *	✓ *	✓
CHICKEN BURGER	✓ *	✓		✓			✓		✓	✓ *		✓ *	✓ *	✓
CHEESE TOPPING							✓							

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MUSHROOM, BRIE, HAZELNUT WELLINGTON	✓	✓		✓			✓			✓		✓		
CAESAR SALAD		✓		✓	✓		✓		✓	✓*		✓*		
CAESAR SALAD WITH CHICKEN		✓		✓	✓		✓		✓	✓*		✓*		
CAESAR SALAD WITH PRAWNS		✓	✓	✓	✓		✓		✓	✓*		✓*	✓	✓
CAESAR SALAD WITH POACHED EGG		✓		✓	✓		✓		✓	✓*		✓*	✓	✓
CHICKEN BREAST	✓						✓		✓					✓
BREAST OF DUCK	✓						✓*							✓
BEEF STROGANOFF	✓	✓		✓*			✓		✓	✓*		✓	✓	✓
VEGETARIAN STROGANOFF	✓	✓		✓*			✓		✓	✓*		✓	✓	✓
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*

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DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA CHEESECAKE		✓		✓			✓			✓	✓	✓	✓	✓
CHOCOLATE BROWNIE		✓		✓			✓							
STICKY TOFFEE PUDDING		✓		✓			✓							
CRÈME BRULÉE		✓*		✓			✓							
APPLE STRUDEL		✓		✓			✓							✓
SWEET PANCAKE		✓		✓			✓							
LEMON TART		✓		✓			✓			✓	✓	✓	✓	✓
BREAD AND BUTTER PUDDING		✓		✓			✓							✓
MERINGUE WITH RED BERRIES				✓			✓							
VANILLA ICE CREAM		✓*					✓							

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STRAWBERRY ICE CREAM		✓*					✓							✓
CHOCOLATE ICE CREAM		✓*					✓						✓	
SALTED CARAMEL ICE CREAM		✓*					✓							
RASPBERRY SORBET		✓*					✓*							
LEMON SORBET		✓*					✓*							
MANGO SORBET		✓*					✓*							
TRIO OR ARTISAN CHEESES		✓*		✓		✓*	✓			✓		✓	✓	✓
FRUIT SALAD														

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