
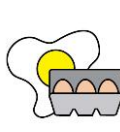
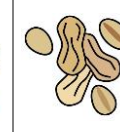



STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓ *					✓							✓
CHICKEN LIVE PATE	✓	✓ *	✓	✓	✓		✓		✓	✓		✓	✓	✓
SMOKED SALMON PARCEL		✓	✓		✓				✓				✓	
THAI CHICKEN KEBABS	✓	✓							✓					
CALAMARI	✓	✓		✓				✓	✓				✓	
BACON AND CHEESE POTATO SKINS							✓							
VEGETARIAN POTATO SKINS							✓							
VEGAN POTATO SKINS		✓											✓	
VEGAN HOUMOUS		✓ *												
SCALLOPS PASTRY		✓					✓	✓						✓
PARMA HAM		✓ *					✓							


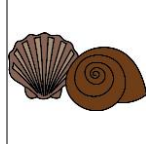
KING PRAWNS		✓ *	✓				✓							✓
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Review date: 27/04/18 Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress



STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
GOATS CHEESE AND SPINACH TART	✓	✓		✓			✓			✓				
PRAWN COCKTAIL	✓	✓ *	✓	✓	✓				✓					✓
MOULES MARINIÈRES		✓ *					✓	✓						✓

Review date: 22/02/18

Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress

MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM


														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN PIRI	✓	✓*					✓							
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓							✓
GRUMPY MOLE PIE – TURKEY AND HAM	✓	✓		✓			✓		✓					✓
FILLET OF HAKE	✓				✓		✓			✓				
WEST INDIAN CHICKEN CURRY		✓					✓		✓					
RUMP OF ENGLISH LAMB	✓	✓												✓
CATCH OF THE DAY		✓			✓									✓
BANGERS N MASH	✓	✓					✓						✓	✓
FILLET OF SALMON	✓				✓							✓*	✓	

Review date: 27/04/18

Reviewed by: Gary Lloyd

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MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STEAK AND KIDNEY PUDDING	✓	✓					✓						✓	✓
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓
CALVES LIVER AND BACON	✓	✓					✓							✓
VENISON WELLINGTON	✓	✓		✓					✓					✓
BEEF BURGER		✓		✓			✓		✓			✓		
CHICKEN BURGER		✓		✓			✓		✓			✓		
CHEESE TOPPING							✓							
PENNE PASTA	✓	✓												
VEGAN QUORN		✓											✓	✓
VEGAN CURRY														

Review date: 27/04/18

Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress

MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM


														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MUSHROOM, BRIE, HAZELNUT WELLINGTON	✓	✓		✓			✓			✓				
CAESAR SALAD		✓*		✓	✓		✓		✓					
CAESAR SALAD WITH CHICKEN		✓*		✓	✓		✓		✓					
CAESAR SALAD WITH PRAWNS		✓*	✓	✓	✓		✓		✓					
CAESAR SALAD WITH POACHED EGG		✓		✓	✓		✓		✓					
PEA, COURGETTE AND PARMESAN RISOTTO	✓						✓							✓
BREAST OF DUCK	✓*	✓					✓						✓	✓
BEEF STROGANOFF	✓	✓					✓		✓				✓	✓
VEGETARIAN STROGANOFF		✓*					✓		✓					
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*

Review date: 27/04/18

Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress

DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA CHEESECAKE		✓					✓							
CHOCOLATE BROWNIE	✓	✓*		✓			✓			✓*			✓*	
STICKY TOFFEE PUDDING		✓		✓			✓							
CRÈME BRULÉE				✓			✓							
APPLE STRUDEL		✓					✓							✓
SWEET PANCAKE		✓		✓			✓							
BRULEED LEMON TART		✓		✓			✓							
BREAD AND BUTTER PUDDING		✓		✓			✓							
MERINGUE WITH RED BERRIES				✓			✓							
VANILLA ICE CREAM		✓					✓							

Review date: 27/04/18

Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress

DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STRAWBERRY ICE CREAM		✓					✓							✓
CHOCOLATE ICE CREAM		✓					✓						✓	
SALTED CARAMEL ICE CREAM		✓					✓							
RASPBERRY SORBET		✓					✓							
LEMON SORBET		✓					✓							
MANGO SORBET		✓												
TRIO OR ARTISAN CHEESES	✓	✓ *					✓							✓
FRUIT SALAD														

Review date: 27/04/18

Reviewed by: Gary Lloyd

* Alternative can be Supplied, Please Ask Waiter/Waitress

SUNDAY ROASTS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
TURKEY	✓	✓		✓			✓		✓					✓
PORK	✓	✓		✓			✓		✓					✓
LAMB	✓	✓		✓			✓		✓					✓
BEEF	✓	✓		✓			✓		✓					✓
NUT		✓					✓		✓	✓			✓	



