

STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓ *					✓							✓
CHICKEN LIVE PATE		✓ *												✓
SMOKED SALMON PARCEL		✓	✓		✓				✓					
THAI CHICKEN KEBABS	✓	✓							✓					
CALAMARI		✓		✓				✓					✓	
BACON AND CHEESE POTATO SKINS							✓		✓					
VEGETARIAN POTATO SKINS							✓		✓					
FRESH SCOTTISH SCALLOPS	✓						✓	✓						
PARMA HAM		✓ *					✓							
KING PRAWNS		✓ *	✓				✓							

Review date: 02/12/15

Reviewed by: Grant Smith and Mike Revis

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GOATS CHEESE AND SPINACH TART		✓		✓			✓							
PRAWN COCKTAIL		✓ *	✓	✓	✓				✓					
MOULES MARINIÈRES		✓ *					✓	✓						

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MAINS DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SUPREME OF CHICKEN	✓						✓							
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓				✓		✓							✓
GRUMPY MOLE PIE – TURKEY AND HAM	✓	✓		✓			✓							✓
FILLET OF HAKE	✓				✓		✓			✓				
WEST INDIAN CHICKEN CURRY		✓					✓							
RUMP OF ENGLISH LAMB	✓	✓												
CATCH OF THE DAY		✓			✓				✓					✓
BANGERS N MASH	✓	✓					✓						✓	✓
FILLET OF SALMON					✓							✓*	✓	

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STEAK AND KIDNEY PUDDING	✓	✓					✓						✓	✓
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓
CALVES LIVER AND BACON	✓	✓					✓						✓	✓
VENISON WELLINGTON	✓	✓		✓					✓				✓	✓
BEEF BURGER		✓		✓			✓		✓			✓		✓
CHICKEN BURGER		✓		✓			✓		✓					✓
CHEESE TOPPING							✓							
BACON TOPPING														
MUSHROOM TOPPING							✓							
ONION TOPPING							✓							

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MUSHROOM, BRIE, HAZELNUT WELLINGTON	✓	✓		✓			✓			✓				
CAESAR SALAD		✓*		✓			✓		✓					
CAESAR SALAD WITH CHICKEN		✓*					✓		✓					
CAESAR SALAD WITH PRAWNS		✓*	✓				✓		✓					✓
CAESAR SALAD WITH POACHED EGG		✓		✓			✓		✓					✓
PEA, COURGETTE AND PARMESAN RISOTTO	✓						✓							
BREAST OF DUCK	✓*	✓					✓						✓	✓
BEEF STROGANOFF	✓	✓					✓		✓				✓	✓
VEGETARIAN STROGANOFF		✓*					✓		✓					
STEAK ON THE STONE		✓*		✓*			✓*		✓*					✓*

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DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
VANILLA CHEESECAKE		✓					✓							
DARK CHOCOLATE FONDANT		✓		✓			✓			✓*				
STICKY TOFFEE PUDDING		✓		✓			✓							
CRÈME BRULÉE				✓			✓							
APPLE STRUDEL		✓					✓							✓
SWEET PANCAKE		✓		✓			✓							
BRULEED LEMON TART		✓		✓			✓							
BREAD AND BUTTER PUDDING		✓		✓			✓							
MERINGUE WITH RED BERRIES				✓			✓							✓
VANILLA ICE CREAM		✓					✓							

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STRAWBERRY ICE CREAM		✓					✓							✓
CHOCOLATE ICE CREAM		✓					✓						✓	
SALTED CARAMEL ICE CREAM		✓					✓							
RASPBERRY SORBET		✓					✓							
LEMON SORBET		✓					✓							
MANGO SORBET		✓												
TRIO OR ARTISAN CHEESES		✓ *					✓							✓

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SUNDAY ROASTS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE CHEAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
TURKEY	✓	✓		✓			✓						✓	✓
PORK	✓	✓		✓			✓						✓	✓
LAMB	✓	✓		✓			✓						✓	✓
BEEF	✓	✓		✓			✓						✓	✓

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