

STARTER DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE BROCKHAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SOUP	✓	✓*					✓							✓
CHICKEN LIVE PATE	✓	✓*	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
SMOKED SALMON PARCEL		✓	✓	✓	✓				✓				✓	
SATAY CHICKEN KEBABS	✓	✓									✓	✓	✓	
CALAMARI	✓	✓		✓			✓	✓					✓	
BACON AND CHEESE POTATO SKINS							✓							
VEGETARIAN POTATO SKINS							✓							
SCALLOPS							✓	✓						✓
KING PRAWNS		✓*	✓				✓							
PARMA HAM		✓*					✓							

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GOATS CHEESE TART		✓		✓			✓							
PRAWN COCKTAIL		✓ *	✓	✓	✓				✓					✓
MOULES MARINIÈRES		✓ *					✓	✓						✓

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SUPREME CHICKEN	✓						✓							✓
GRUMPY MOLE PIE – STK AND GUNIESS	✓	✓		✓			✓						✓	✓
GRUMPY MOLE PIE – FISH	✓		✓		✓		✓							✓
GRUMPY MOLE PIE – CHICKEN HAM/MUSHROOM	✓	✓		✓			✓		✓					✓
FILLET OF HAKE		✓ *			✓		✓	✓						✓
SRI LANKAN CHICKEN CURRY		✓ *					✓		✓					
RUMP OF LAMB	✓	✓					✓							✓
CATCH OF THE DAY		✓	✓	✓	✓									✓
BANGERS N MASH	✓	✓					✓							✓
TERIYAKI SALMON		✓			✓							✓	✓	

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STEAK AND KIDNEY PUDDING	✓	✓					✓						✓	✓
FILLET OF SEABASS AND PRAWNS	✓		✓		✓		✓							✓
CALVES LIVER AND BACON	✓						✓							✓
VENISON WELLINGTON		✓		✓			✓		✓					✓
BEEF BURGER		✓		✓			✓		✓					✓
CHICKEN BURGER		✓		✓			✓		✓					✓
BBQ TOPPING		✓		✓			✓		✓					✓
CHEESE TOPPING		✓		✓			✓		✓					✓
BACON TOPPING		✓		✓			✓		✓					✓
MUSHROOM TOPPING		✓		✓			✓		✓					✓

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ONION TOPPING		✓		✓			✓		✓					✓
MUSHROOM, BRIE, HAZELNUT WELLINGTON	✓	✓		✓			✓			✓				
CAESAR SALAD		✓*		✓			✓		✓					
CAESAR SALAD WITH CHICKEN		✓*		✓			✓		✓					
CAESAR SALAD WITH PRAWNS		✓*	✓	✓			✓		✓					✓
CAESAR SALAD WITH POACHED EGG		✓		✓			✓		✓					✓
BREAST OF DUCK	✓						✓							✓
BEEF STROGANOFF	✓	✓*					✓		✓					✓
VEGETARIAN STROGANOFF	✓	✓*					✓		✓					✓
STEAK ON THE STONE		✓		✓			✓		✓					✓

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DESSERT DISHES AND THEIR ALLERGEN CONTENT - GRUMPY MOLE BROCKHAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
LEMON MERINGUE PIE		✓		✓			✓							
STICKY TOFFEE PUDDING		✓		✓			✓							
DOUBLE CHOCOLATE BROWNIE		✓		✓			✓			✓	✓			
CRÈME BRULÉE		✓*		✓			✓							
APPLE TART TATIN		✓					✓							
SWEET PANCAKE		✓		✓			✓							
MANGO AND PASSIONFRUIT CHEESECAKE		✓		✓			✓							
BREAD AND BUTTER PUDDING		✓		✓			✓							
SUMMER BERRY PUDDING		✓					✓							
VANILLA ICE CREAM		✓					✓							

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STRAWBERRY ICE CREAM		✓					✓							
CHOCOLATE ICE CREAM		✓					✓						✓	
SALTED CARAMEL ICE CREAM		✓					✓							
RASPBERRY SORBET		✓					✓							
LEMON SORBET		✓					✓							
MANGO SORBET		✓												
TRIO OR ARTISAN CHEESES		✓ *					✓							✓

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SUNDAY ROASTS AND THEIR ALLERGEN CONTENT - GRUMPY MOLE BROCKHAM

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN	✓	✓*		✓			✓		✓					✓
PORK	✓	✓*		✓			✓		✓					✓
LAMB	✓	✓*		✓			✓		✓					✓
BEEF	✓	✓*		✓			✓		✓					✓
TURKEY	✓	✓		✓			✓		✓					✓

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